# You're Invited to Join Us!



#### What is the DIY 5K?

The race is a "Do It Yourself" 5K run/walk done on your own time, at your own pace, and in your own place. Participate as an individual or join a team.

### Why Do the DIY 5K?

Blessings in a Backpack mobilizes communities, individuals, and resources to provide food on the weekends for elementary school children across America who might otherwise go hungry. Chicago Blessings currently feeds 6,000 kids each weekend, however, there are over 150,000 food-insecure kids throughout Chicagoland. Thank you for being a part of feeding hungry kids on the weekend!

#### When is the 5K?

Saturday, November 2 to Sunday, November 10.

# How to register?

Join the event by going to <a href="https://chicago.blessingsinabackpack.org/gva\_event/div5k/">https://chicago.blessingsinabackpack.org/gva\_event/div5k/</a>





\$25 for student (under 23) \$50 for adult (23 and over) \$160 for a family (up to five people in the same household)

## **Questions?**

Contact Eleanor Stewart – Chicago Operations Associate  $+1\ 312\text{-}366\text{-}2751$  eleanors@blessingsinabackpack.org