

# You're Invited to Join Us!



## What is the DIY 5K?

The race is a "Do It Yourself" 5K run/walk done on your own time, at your own pace, and in your own place. Participate as an individual or join a team.

## Why Do the DIY 5K?

Blessings in a Backpack mobilizes communities, individuals, and resources to provide food on the weekends for elementary school children across America who might otherwise go hungry. Chicago Blessings currently feeds 6,000 kids each weekend including in your community. Your registration fee goes directly to the program in your community and will feed kids this school year. You'll finish the event with a t-shirt to continue to wear to show your support for our efforts and the great feeling of knowing you supported kids in your neighborhood.

## When is the 5K?

Saturday, November 1 to Sunday, November 9.  
You decide exactly when, where, and how you complete your 5K.

## How to register?

Join the event by going to  
[chicago.blessingsinabackpack.org/gva\\_event/diy-5k-25/](http://chicago.blessingsinabackpack.org/gva_event/diy-5k-25/)



\$25 for student (under 23)

\$50 for adult (23 and over)

\$170 for a family (up to five people in the same household)

\*T-shirts will be received about one month from the date of sign-up.\*



## Questions?

Contact Dan Summins, Managing Director – Chicago Chapter  
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