

Serve your Community as a DIY 5K Student Captain!



- Gain leadership experience, service hours, and make a big difference in Chicagoland.
- Flexible service opportunity – you choose when to volunteer.
- Raise \$5,000+ from your DIY 5K Team registrations and donations to host your own packing event – a great hands-on opportunity!
- Join us on 9/21 at 7 pm for the Student Captain Kick-Off held virtually (Optional)

What is the DIY 5K?

The race is a “Do It Yourself” 5K run/walk done on your own time, at your own pace, and in your own place. As the Captain, you decide how your team will participate!

Why Support Blessings in a Backpack with a DIY 5K Team?

Blessings in a Backpack mobilizes communities, individuals, and resources to provide food on the weekends for elementary school children across America who might otherwise go hungry. Chicago Blessings currently feeds 6,000 kids each weekend, including kids in your own backyard. Your participation helps you do good in your community and qualifies for community service hours.

When is the 5K?

Saturday, November 1 to Sunday, November 9.

As the captain, you decide if you will hold an event or ask everyone to complete the activity on their own time.

How to register?

1. Email kvenzon@blessingsinabackpack.org
2. Scan the QR code/link below to create your team.

T-shirts will be received about a month from the day of sign-up.



\$25 for student (under 23)

\$50 for adult (23 and over)

\$170 for a family (up to five people in the same household)



Questions?

Contact Kim Venzon, Operations Associate – Chicago Chapter

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